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EDUCATION

- 2008 Ph.D. The University of Texas, Austin, TX; Learning Disabilities and Behavioral Disorders.
Ph.D. Fulbright Scholar.
- 2002 M.A. The University of Sussex, Brighton, UK; International Education
- 2000 B.A. Universidad de Monterrey, Nuevo León, Mexico; Education

INSTITUTIONAL POSITIONS AND APPOINTMENTS

- 2009-Present Professor, School of Psychology, Universidad de Monterrey, Mexico.
- 2018 Matias Romero Visiting Scholar, Department of Psychology, The University of Texas at Austin.
- 2016 Visiting Scholar, Department of Educational Psychology, The University of Texas at Austin.
- 2014-2014 Lecturer, School of Nursing, Universidad Autonoma de Nuevo Leon, Mexico.
- 2009-2009 Lecturer, School of Education, Universidad de Monterrey, Mexico.

AWARDS AND HONORS

- 2019 *Robert M. Duffery Endowment*, awarded by the Office of Graduate Studies, The University of Texas at Austin.
- 2019 Winner of the bursary travel scholarhip awarded by The Society of Emotion and Attachment Studies (SEAS) to attend the "International Attachment Conference 2019" in Vancouver, Canada.
- 2019 Nominated for the Mentor Award from the International Positive Psychology Association (IPPA) and the SIPPA Division.
- 2018 Winner of the first place in the category of Public Health and Health Systems in the "State Competition of Research in Health 2018" with the collaborative research of "Validation of two scales to measure resilience and uncertainty in teenagers during pregnancy", awarded by the Ministry of Public Health of the State of Nuevo Leon.
- 2018 Honorific mention in the Second International Competition of Nursing, in the category of Relevance and High Quality Research Methodology with the collaborative work of "Resilience model for the care of teenage pregnancy."

- 2017 Winner of the award “Researcher of the Year from the National Research System” given by the Vice Chancellor of the School of Health Science from Universidad de Monterrey.
- 2017 Winner of the first place in the category of Public Health and Health Systems in the “State Competition of Research in Health 2017” with the collaborative research “Resilience model for the care of teenage pregnancy”, awarded by the Ministry of Public Health of the State of Nuevo Leon.
- 2017 Winner of the Matías Romero Visting Scholars awarded by the Ministry of Foreign Relations of Meixco and The University of Texas at Austin.
- 2017 Recognition as National Researcher Level I, awarded by the Sistema Nacional de Investigadores (National System of Researchers; SNI), from Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT) .
- 2016 *Academic Enrichment Fund*, awarded by the Office of Graduate Studies, The University of Texas at Austin.
- 2016 *UDEM Academic Fund for Researchers of the National System*, awarded by the Research Division, Universidad de Monterrey.
- 2014 Recognition as a *National Researcher Level I*, awarded by the Sistema Nacional de Investigadores (National System of Researchers; SNI), from Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT
- 2010 Recognition as *Candidate for National Investigator*, awarded by the Sistema Nacional de Investigadores (National System of Researchers; SNI), from Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT).
- 2008 *Solidaridad Endowed Presidential Fellowship*, awarded by The Mexican Center, Teresa Lozano Long Institute of Latin American (LILLAS), The University of Texas at Austin.
- 2007 *University Continuing Fellowship*, awarded by the Office of Graduate Studies, The University of Texas at Austin.
- 2007 *E.D. Farmer Fellowship*, awarded by The Mexican Center, Teresa Lozano Long Institute of Latin American Studies (LLILAS), The University of Texas at Austin.
- 2006 *Continuing David Bruton Jr. Graduate Fellowship*, awarded by the Office of Graduate Studies, The University of Texas at Austin.
- 2006 *E.D. Farmer Fellowship*, awarded by The Mexican Center, Teresa Lozano Long Institute of Latin American (LILLAS),The University of Texas at Austin.
- 2005 *Professional Development Award*, awarded by the Office of Graduate Studies, The University of Texas at Austin.
- 2003 *Fulbright-García Robles Scholarship*, awarded by the government of United States and Mexico.
- 2003 Ph.D. scholarship, awarded by the Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT) .
- 2002 M.A. scholarship awarded by the Ministry of Education in Mexico.

DEPARTMENTAL AND UNIVERSITY COMMITTEES

2018-Present	Coordinator, Research Academy of the School of Psychology, Universidad de Monterrey, Mexico.
2015-Present	Member, Academy of Graduate Studies of School of Psychology, Universidad de Monterrey, Mexico.
2018- Present	Coordinator, CBT track National and International Collaborative Academic and Research Partnerships , Universidad de Monterrey, Mexico.
2017- Present	Founder and Director, Mental Health and Wellbeing Lab, Universidad de Monterrey, Mexico.
2015-2018	Academic Coordinator of the Cognitive-Behavioral (CBT) track of the Master´s Program of Clinical Psychology, Universidad de Monterrey, Mexico.
2011-2016	External Committee Member, Institutional Review Board, School of Nursing, Universidad Autonoma de Nuevo Leon, Mexico.

TEACHING COURSES

2016- Present	Cognitive and Affective Foundations, School of Psychology, Univesidad de Monterrey, Mexico.
2016- Present	Research Methods in Psychology, School of Psychology, Univesidad de Monterrey, Mexico.
2016- Present	Cognitive Behavioral Therapy Basics, School of Psychology, Univesidad de Monterrey, Mexico.
2015	Thesis Seminar Course. Faculty of Nursing, Universidad Autonoma de Nuevo Leon, Mexico.
2014	Resilience in Adolescents. Faculty of Nursing, Universidad Autonoma de Nuevo Leon, Mexico.
2009	Rationality and its Scientific Approach in Learning, School of Education, University of Monterrey, Mexico.
2009- Present	Psychology of Instruction, School of Psychology, University of Monterrey, Mexico.
2009	Psychology of Learning, School of Psychology, University of Monterrey, Mexico

RESEARCH SUPERVISION

THESIS SUPERVISOR OF UNDERGRADUATE AND GRADUATE RESEARCH STUDENTS

Trainee Name (s)	Time Frame and Research Project	Role and Program
Ana Karina Gutiérrez	Time frame: May 2019 – May 2020	Thesis Supervisor

Ovando	<p>MA thesis titled “Efficacy of CBT interventions for children with anxiety Thesis Supervisor</p> <p>Master Program in Clinical Psychology Universidad de Monterrey, Mexico disorders: A meta-analysis”.</p>	<p>Master Program in Clinical Psychology Universidad de Monterrey, Mexico</p>
<p>Fernanda Chavez Treviño, Mónica de Zamacona Gutiérrez, Maria Antonieta Gámez Carreón, Sofia Barrido Lamoglia, Natalia Lavallo Doberning and Ana Laura Salinas Reyna</p>	<p>Time frame: August 2017- August 2018.</p> <p>BA thesis titled “ Psychological variables related to resilience in Mexican high-track athletes”.</p>	<p>Thesis Supervisor Undergraduate Program in Psychology</p>
Daniela Alanís Salazar	<p>Time frame: August 2017- August 2018.</p> <p>MA thesis titled “ Validation of the Emotional Regulation Questionnaire for Mexican clinical and non-clinical population”.</p>	<p>Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico</p>
Rosa María Olivares Mora	<p>Time frame: August 2017- August 2018.</p> <p>MA thesis titled “ Validation of the Interpretation of Intrusions Inventory (III-31) for Mexican clinical and non-clinical population”.</p>	<p>Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico</p>
Beatriz Treviño de la Garza	<p>Time frame: August 2017- August 2018.</p> <p>MA thesis titled “ Validation of the Dimensional Obsessive Compulsive Scale (DOCS) for Mexican clinical and non-clinical population”.</p>	<p>Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico</p>
Pamela Castillo Huerta	<p>Time frame: August 2017- August 2018.</p> <p>MA thesis titled “ Validation of the Cognitive Emotion Regulation Questionnaire – Short Version (CERQ-SV) for Mexican clinical and</p>	<p>Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico</p>

	non-clinical population”.	
Tammy Denisse Martínez Salazar	Time frame: January - December 2017. MA thesis titled “The impact of CBT therapy with pediatric patients with pediatric vitiligo”.	Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico
Gabriela Sánchez Jauregui	Time frame: August 2016 - July 2017. MA thesis titled “Sfor people with systematic review of cognitive interventions with mild cognitive impairment”.	Thesis Supervisor Master Program in Clinical Psychology Universidad de Monterrey, Mexico
Anna Belykh	Time frame: July 2017 – August 28 th 2019 Ph.D. thesis titled “The student’s art of being: Resilience and Wellbeing. A comparative study in language universities courses”.	Thesis Co- Supervisor Ph.D. in Education Universidad Autonoma de Tlaxcala, Mexico
Rosalva del Carmen Barbosa Martínez	Time frame: January 2013 – December 2016 Ph.D. thesis titled “Emotional intelligence and resilience for a comprehensive higher education”.	Thesis Co-Advisor Ph.D. in Nursing Universidad Autonoma de Nuevo León, Mexico.
Karla Cepeda Cantú, Judith Islas Guerrero and Gloria Susana Maldonado Camacho	Time frame: January – May 2016 Undergraduate thesis titled “Self-esteem, joy and anger: The relationship with prosocial behaviors in boys and girls for foster homes”.	Thesis Supervisor Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Mariel Contreras Sánchez, Ana Mariela de León Rodríguez, Estela Martínez Rodríguez, and Elsa Melissa Peña Heredia	Time frame: August – December 2015 Undergraduate thesis titled “Prevalence of psychopathological symptoms and their relationship with psychological well-being in university students”.	Thesis Supervisor Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Mariana Elizondo Garza, Margarita Vidaurri García, Andrea Cecilia Díaz Flores Breinbauer, Claudia Gabriela Gutiérrez Rosales, Zennia Jeannette Salazar Gutiérrez and Ashley Villaseñor González	Time frame: January- May 2015 Undergraduate thesis titled “Design of psychoeducational video to reduce the level of anxiety and to improve the coping style of primary caregivers of patients with congenital heart diseases”.	Thesis Supervisor Undergraduate Program in Psychology Universidad de Monterrey, Mexico

Alma Alexis Chapa Armenta, Marcela de la Peña Zambrano, Gabriela Sofía Garibay Guzmán, Yahel Marcela González Lozano, Rosa Isela Olivarría Esquer and Eugenia Maria Torre García	Time frame: August- December 2014 Undergraduate thesis titled “Self-concept, anxiety and death threat in women with breast cancer”.	Thesis Supervisor Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Claudia Zertuche Garza	Time frame: January 2011- September 2012 Undergraduate thesis titled “Effectiveness of the Fun FRIENDS program in the development of resilience in preschool children”.	Thesis Supervisor Master Program in Education. Universidad de Monterrey, Mexico

SECOND READER AND COMMITTEE MEMBER IN UNDERGRADUATE AND GRADUATE THESIS

Trainee Name (s)	Time Frame and Research Project	Role and Program
Grecia Catalina Almaguer Carmona, Rossana Carolina Barrera Martínez, Paola Carnevali Salazar, Ana Paulina González Ayala and Erika Suess García de Alba	Time frame: January- December 2018. Undergraduate thesis titled “Investigation of the influence of mindfulness training on the levels of compassion, aggression and subjective well-being of highschool students in a private school”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Education Universidad de Monterrey, Mexico.
Bárbara Fernández Zertuche, Bernardo García de la Garza, Estefanía Santoscoy Murguía, Mariana Martínez Elizondo, and Paulina Villarreal Nader	Time frame: August – December 2017. Undergraduate thesis titled “Therapeutic Storytelling: A tool for emotional expression of depressive symptoms in children”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Ana Karen Rodríguez Alanís, Delia Zita Garza Villarreal, Laura Alejandra Lamadrid Arizpe, and María Fernanda Garza Madero	Time frame: August – December 2017. Undergraduate thesis titled “The impact of obesity in the cognitive functions in children and adolescents”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Andrea Cecilia Martínez Saca, María Fernanda	Time frame: August – December 2017.	Second reader and member of the Thesis Committee Service.

Ochoa Gámez, Mariana Faz García, and Valerie Vivianne Kipper López	Undergraduate thesis titled “Manual of good practice for cognitive health in older adults”.	Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Eugenia Puerta Díaz, Carolina Nazar Valadez, Romelia Denisse Baker Montemayor, Jackelin Briseida Saldívar Ibáñez, Ana Alejandra Guzmán Cantú and Valeria Garza Laguera Bustindui	Time frame: August – December 2016. Undergraduate thesis titled “Intervention to increase treatment adherence on patients with HIV”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Stephanie L. Cavazos Tamez, Mariana Chapa López, Carolina García García, Eugenia López Montemayor, Gabriela E. Quintanilla Pacheco, and Priscilla Villarreal Quintanilla	Time frame: August – December 2015. Undergraduate thesis titled “Psychological causality in regional women with multiple cosmetic surgeries: An exploratory study”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Andrea Zorrilla Amaya, Bárbara María Garza Martínez, María José Zuñiga Treviño, Mariana Martínez Rodríguez, Michelle Arrambide Santos, and Sofía Hernández Fernández	Time frame: August – December 2015. Undergraduate thesis titled “Finding My Treasure Program: Model of narrative intervention in child maltreatment”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Marcelo Salinas García, Patricia Garza González, Jorge René Tijerina Ríos, Mónica Guadalupe Allende Cantú and Joaquín Colín Lozano	Time frame: January- May 2015. Undergraduate thesis titled “Design of an Emotional Intelligence Program for executive leaders”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Armandina Ramírez Tamez, Lucero Sáenz Ibarra, Miriam Nebaí Castellanos Lozano, Paulina Armendariz Fernández, Sofía Arrona Treviño and Sandra Tafich Lankenau	Time frame: January- May 2015. Undergraduate thesis titled “Psychoeducation as a tool for treatment adherence in patients with hemodialysis”.	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Paulina Celeste Ayala Díaz, Mariana Cruz	Time frame: August – December 2014	Second reader and member of the Thesis

Rodríguez, María de Lourdes Gracia González, Aranxta Nieto Manzano, Maria Fernanda Enriquez and Esteban Andrés Salas Becerra	Undergraduate thesis titled “Psychosocial strategies to increase academic performance in high school students”.	Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Martha Sofía Villarreal, Miriana Garza González, Mayra Alejandra Gómez Suárez, Elsa Torijano Enciso Álvarez, Yadira Alejandra Valadez López and Paulina Velasco Trespalacios	Time frame: August – December 2014 Undergraduate thesis titled “Optimization of the operation of the Youth Participation Circles through participatory action research”	Second reader and member of the Thesis Committee Service. Undergraduate Program in Psychology Universidad de Monterrey, Mexico
Alejandra Fierro Padilla	Time frame: October 2012– November 2013 Ph.D. thesis titled “Explanatory model of the impact of emotional intelligence on performance and job satisfaction in organizations”.	Second reader and member of the Thesis Committee Service. Ph.D. in Administration Instituto Tecnológico de Monterrey, Mexico
Judith Nancy García Jacobo	Time frame: January 2012– August 2013 MA thesis titled “Effect of a cognitive-behavioral program on the resilience of children with cancer”.	Second reader and member of the Thesis Committee Service. Master Program in Health Psychology Universidad Autónoma de Nuevo León, Mexico
Gabriel Briseño Macías	Time frame: July – November 2010 MA thesis titled “Design of a Tutoring Program for High School Students”.	Second reader and member of the Thesis Committee Service. Master Program in Clinical Psychology Universidad de Monterrey, Mexico

OTHER PROFESSIONAL ACTIVITIES

PROFESSIONAL MEMBERSHIPS AND SERVICE

Professional Memberships

2019-Present	Member of the Society of Emotion and Attachment Students (SEAS)
2018-Present	Member of the Sociedad Mexicana de Psicología Positiva (SMPP)
2010-Present	Member of Anxiety and Depression Association of America (ADAA)
2012-2013	Member of Association of Behavioral and Cognitive Therapies (ABCT)

- 2010-2017 Member of International Positive Psychology Association (IPPA)
- 2005-2009 Member of The Society for Prevention Research (SPR)
- 2008-2010 Member of International Academy for Research in Learning Disabilities
- 2004 - 2007 Member of The Council for Learning Disabilities (CLD)

Professional Service

- 2019 External Reviewer of Postdoctoral Fellowship Competitions submitted to the Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT) .
- 2018 “Peer Reviewer” Reviewer of research submitted to the UK Research and Innovation Call, Medical Research Council, United Kingdom.
- 2018 Reviewer of the abstracts for presentation at the conference Anxiety and Depression Association of America 2019 (Chicago, United States).
- 2017 External reviewer of the thesis to obtain the Ph.D. in Psychology titled” "An experimental approach to the study of emotional intelligence and cool and hot cognitive processing". Author: María José Gutiérrez Cobos, Department of Psychology, Laboratory of Emotions, University of Malaga, Spain.
- 2017 Externar reviewer of the learning unit “Psychological interventions based on emotional intelligence” for the curriculum of Master Program in Psychology from the Universidad Autonoma de Baja California , Mexico (Autonomous University of Baja California).
- 2016 External Reviewer of the presentations at the “First Conference of Doctoral Students in Nursing Sciences”. Faculty of Nursing, Posgraduate and Research Department, Universidad Autonoma de Nuevo Leon, Mexico (Autonomous University of Nuevo Leon).
- 2016 External examiner of the thesis to obtain the degree of Ph.D. in Clinical Psychology titled “The Adult Resilience Program to enhance emotional wellbeing and promote resilience: A randomized controlled trial in a multicultural university population”. Author: Natalie Susan Games, School of Psychology, James Cook University Singapore, Singapore.
- 2016 Member of the Organizing Committee of the congress and the Review Committee for the Research Work Competition, 10th International Congress of Mental Health, Univerisidad de Guadalajara, Jalisco, Mexico.
- 2016- 2018 Member of the Committee for the Integral Protection of Children and Adolescents (SIPINNA) of municipality of Guadalupe, Estado de Nuevo Leon, Mexico.
- 2015 Member of the Experts Committee to assess the project “Application, Correction and Interpretation of MSCEIT (Mayer-Salovey-Caruso Emotional Intelligence Test in population of 17-65 years”, Engineering and Business School, Guadalupe Victoria, Universidad Autonoma de Baja California, Mexico (Autonomus University of Baja California).

- 2015 Member of the Review Committee Review Committee for the Research Work Competition, 9th International Congress of Mental Health, Univerisidad de Guadalajara, Jalisco, Mexico.
- 2014-2018 External examiner of the thesis to obtain the degree of Ph.D. in Education titled “Reaching out for people in need: Promotion of emotional resilience in the 21st century”, Author: Cristina Akiko Iisuza, School of Education, The University of Queensland, Australia.
- 2012-2016 Member of the Committee of Management and Support Networks for the Foster Homes of the State of Nuevo Leon, Mexico.
- 2012 Participation in the forum “*Discussion and analysis of the results of the Suvey of Youth 2012*”. Federal Electoral Institute, Monterrey, Nuevo Leon, Mexico.

Leadership Positions

- 2009- Present Lead, Founder and Director of Mexican Center for Social and Emotional Intelligence.
- 2006- Present Lead, Director of the FRIENDS for Life in Mexico.
- 2010-2017 Lead, Project to support social and emotional learning in institutions and non-governmental organizations of low SES backgrounds, State of Nuevo Leon.
- 2006-2007 Lead, Project to support social and emotional learning in public schools, Ministry of Education of the State of Nuevo Leon, Mexico.

JOURNAL SERVICE

Invited Reviewer

- 2017- Present *Revista Psicología y Salud from Instituto de Investigaciones Psicológicas de la Universidad Veracruzana.*
- 2015-Present *Accion Psicologica from Universidad Nacional de Educacion a Distancia (UNED)*

RESEARCH GRANTS AND OTHER SUPPORT

- 1/2019-12/2019 Fundación Montemayor A.C.
Title: Obsesive-Compulsive Disorder and Emotion Regulation Processes: Moderating Role of Cultural Values in a Mexican and American Sample
PIs: Gallegos, Berman, Ramirez, Abramowitz
- 1/2018-12/2018 Fundación Montemayor A.C.
Title: Obsesive-Compulsive Disorder and Emotion Regulation Processes: Moderating Role of Cultural Values in a Mexican and American Sample
PIs: Gallegos (Universidad de Monterrey), Berman (College of Holy Cross), Ramirez (The University of Texas at Austin), Abramowitz (University of North Carolina)
- 1/2017-12/2017 FAPI Fund, Research Division, Universidad de Monterrey
Title: Obsesive-Compulsive Disorder and Emotion Regulation Processes: Moderating

Role of Cultural Values in a Mexican and American Sample

PIs: Gallegos (Universidad de Monterrey), Berman (College of Holy Cross), Ramirez (The University of Texas at Austin), Abramowitz (University of North Carolina)

1/2017-12/2017 FAPI Fund, Research Division, Universidad de Monterrey
Title: A qualitative investigation of the needs and barriers and facilitators to implementing evidenced-based mental health interventions (EBTs) in Monterrey
PIs: Marques (Harvard Medical School) and Gallegos (Universidad de Monterrey)

1/2017-12/2017 FAPI Fund, Research Division, Universidad de Monterrey
Title: Anxiety and Repetitive Thinking
PIs: Fisak (University of Central Florida) and Gallegos (Universidad de Monterrey)

INVITED LECTURES, PRESENTATIONS AND WOKSHOPS

May, 2019 *Emotional Intelligence*. Ninth Training Meeting of the *Cruz Roja Mexican* (Mexican Red Cross). Centro de Capacitación Cruz Roja, Nuevo León, Mexico.

March, 2019 *Cultural issues regarding the adaptation of psychological tests and evidenced-based interventions*. School of Psychology, Xavier University, Cincinnati, Ohio.

April, 2018 *Mental health and resilience among children, adolescents, and young adults: Findings from Mexico*. Matias Romero Lecture Series, Teresa Lozano Long Institute of Latin American Studies (LLILAS), The University of Texas at Austin. Austin, Texas.

November, 2017 *Evaluating culturally-adapted evidenced-based tools: Findings from Mexico*. Department of Psychology, University of Central Florida, Sanford Lake. Orlando, Florida.

June, 2017 *Research topics on Emotional Learning*. Workshop delivered in Second Meeting of Journeys in Emotional Intelligence. Cuidarte A.C., Guadalajara, Jalisco, Mexico.

May, 2017 *Anxiety Disorders: Risk and Protective Factors*. Congress of Clinical Psychology, Universidad de Monterrey. Monterrey, Nuevo Leon, Mexico.

September, 2017 *Factors to foster the developemtn of resilience in adults. es para el desarrollo de la resiliencia en adultos*. Workshop delivered in the International Congress of Psychology, Universidad de Guadalajara, Jalisco, Mexico.

September, 2014 *Resilience and Society*. First Interdisciplinary Meeting of the *Centros de Rehabilitación en Inclusión Infantil Teletón* (Rehabilitation and Child Inclusion Centers; CRIT). CRIT Baja California Sur, Universidad Teletón, La Paz, Baja California Sur, Mexico.

September, 2014 Participation in the symposium *Bullying y Special Needs*, Beatriz Veja Loyo (Chair) with the conference titled "Resilience as a strategy for inclusion". *Centros de Rehabilitación en Inclusión Infantil Teletón* (Rehabilitation and Child Inclusion Centers; CRIT). CRIT Baja California Sur, Universidad Teletón, La Paz, Baja California Sure, Mexico.

July, 2013 *Resiliencia in children and adolescents*. Faculty of Education, Center of University Studies (CEU). Monterrey, Nuevo Leon, Mexico.

- May, 2013 *Emotional intelligence in children and adolescents.* 10th Meeting of Participation of Women on Science. Consejo Nacional de Ciencia y Tecnología (National Council of Science and Technology; CONACYT) . Research Center of Leon, Guanajuato, Mexico.
- March, 2013 *Prevention of anxiety and depression in schools.* International Congress Emotional Intelligence at Reach. Cuidarte A.C., Guadalajara, Jalisco, Mexico.
- March, 2013 *Introduction to the prevention of anxiety and depression in children and adolescents.* Workshop delivered in the International Congress Emotional Intelligence at Reach. Cuidarte A.C., Guadalajara, Jalisco, Mexico.
- October, 2012 *Social and and Emotional Intelligence.* 2nd Congress of Education and the Gifted in Inclusive Contexts. Ministry of Education of the State of Quintana Roo, Cancún, Mexico.
- October, 2012 *Teaching with Emotional Intelligence.* Workshop delivered at the 2nd Congress of Education and the Gifted in Inclusive Contexts. Ministry of Education of the State of Quintana Roo, Cancún, Mexico
- August, 2009 *The .FRIENDS for Life Program.* Training delivered for Ph.D students, postdoctoral students and psychologists from the psicólogos del Children´s Hospital of Philadelphia y University of Pennsylvania (UPenn). Philladelphia, Pennsylvania.
- January, 2007 *Supporting children with emotional and affective tools for conflict resolution.* Ministry of Education of the State of Nuevo Leon, Mexico.
- September 2006 In collaboration with Dr. Michael Garcia delivery of workshop titled “*Measures to evaluate anxiety and depressive symptoms, self-esteem, behavior and coping skills in children*”. Ministry of Education of the State of Nuevo Leon, Mexico.
- June, 2017 *Research topics on Emotional Learning.* Workshop delivered in Second Meeting of Journeys in Emotional Intelligence. Cuidarte A.C., Guadalajara, Jalisco, Mexico.
- September 2011 In collaboration with Dr. Paula Barrett delivery of workshop titled “*The FRIENDS program in the development of resilience in children and adolescents*”. IV International Congress and VI Peruvian Congress of the Latinamerican Association of Analysis, Modification and Cognitive Behavioral Therapy. Lima, Peru.

Bibliography

PEER-REVIEWED ORIGINAL RESEARCH ARTICLES

1. Alanís-Salazar, D., Ruvalcaba-Romero, N., Fisak, B., Berman, N., **Gallegos-Guajardo, J.** (aceptado con correcciones). Validación del Cuestionario de Regulación Emocional (ERQ) para población mexicana. *Avances en Psicología Latinoamericana.*
2. Olivares-Mora, M., Berman, N., Fisak, B., Ruvalcaba-Romero, N., & **Gallegos-Guajardo, J.** (2019). Validation of the Interpretation of Intrusions Inventory for the Mexican population: Cross-Cultural Discrepancies. *Journal of Cognitive Psychotherapy*

3. Castillo-Huerta, P., Ruvalcaba-Romero, N., Fisak, B., Berman, N., **Gallegos-Guajardo, J.** (2019). Validación del Cuestionario de Regulación Emocional Cognitiva versión corta (CERQ-VC) para población mexicana. *Revista Intercontinental de Psicología y Educación*, 21 (1)
4. Góngora Coronado, E.A., Vásquez Velázquez, I.I., Hernández Pozo, M.R., Romo-González, T., González-Ortega, R., **Gallegos-Guajardo, J.**, López-Walle, J.M., Castor-Praga, C., Meza-Peña, C., Álvarez-Gasca, M.A (2019). Explorando la vida buena en México. Fortalezas de carácter y su relación con la felicidad. *Latin American Journal of Behavioral Medicine*, 9(2)
5. Ruvalcaba, R. N., **Gallegos, G. J.**, Orozco, S. M., & Bravo, A. H. (2019). Validez predictiva de las competencias socioemocionales sobre la resiliencia en adolescentes mexicanos. *Diversitas: Perspectivas en Psicología*, 15(1), 89-101 DOI: <http://dx.doi.org/10.15332/s1794-9998.2019.0001.07>
6. Treviño-de la Garza, B., Berman, N., Fisak, B., Ruvalcaba-Romero, N., & **Gallegos-Guajardo, J.** (2018). Validation of the Dimensional Obsessive-Compulsive Scale for Mexican Population. *Journal of Obsessive Compulsive and Related Disorders. Advanced online publication*, (n/a). doi:[10.1016/j.jocrd.2018.11.006](https://doi.org/10.1016/j.jocrd.2018.11.006)
7. Ruvalcaba-Romero, N.A., **Gallegos-Guajardo, J.**, Orozco-Solís, M.G., & Fuerte-Nava, J.M. (2018). Relaciones escolares, comunicación con padres y prosocialidad como predictores de emociones positivas. *Liberabit*, 24(2) 187-197. ISSN (Impreso): 1729-4827 ISSN (Digital): 2223-7666 <https://doi.org/10.24265/liberabit.2018.v24n2.03>
8. Salum, G.A., Petersen, C.S., Jarros, R.B., Toazza, R., DeSousa, D., Nunes-Borba, L, Castro, S., **Gallegos, J.**, Barrett, P., Abend, R., Bar-Haim, Y., Pine, D.S., Koller, S.H., & Manfro, G.G. (2018). Group cognitive behavioral therapy and attention bias modification for childhood anxiety disorders: A factorial randomized trial of efficacy. *Journal of Child and Adolescent Psychopharmacology*, 28(9), 620-630 <https://doi.org/10.1089/cap.2018.0022>
9. Fisak, B., **Gallegos-Guajardo, J.**, Verreynne, M., & Barrett, P. (2018). The results of a targeted open trial of the Fun FRIENDS combined with a concurrent parent-based intervention. *Mental Health and Prevention*, 10, 35-41, DOI: <https://doi.org/10.1016/j.mhp.2018.03.001>
10. **Gallegos, J.**, Sánchez-Jauregui, G., Hidalgo, J., Davila-de Gárate, S.M., Támez-Díaz, O.G., & Fisak, B. (2018). The Validation of a Spanish version of the Penn Inventory of Scrupulosity- Revised (PIOS-R), *Mental Health, Religion & Culture*, 21(2), 194-203, DOI: [10.1080/13674676.2018.1432582](https://doi.org/10.1080/13674676.2018.1432582)
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PEER-REVIEWED CONFERENCE PRESENTATIONS

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1. *Sánchez-Jáuregui, G., Gallegos-Guajardo, J., Hernández-Pozo, M., Álvarez-Gasca, González-de-la-Parra, T., González-Ochoa, R., M., Lopez-Walle, J., Castor-Praga, C., Góngora-Coronado, E. (Septiembre, 2019). *Diferencias de género en el estrés percibido, el afecto positivo y negativo y su relación con el uso de redes sociales en estudiantes universitarios de México*. Trabajo presentado en el IX Congreso Internacional de Salud, Bienestar y Sociedad, Berkeley, California.
2. *Belykh, A., **Gallegos-Guajardo, J.**, Hernandez-Pozo, M.R., Lopez-Walle, M.J., Romo-González de la Parra, T., Alvarez-Gasca, M.A., Gonzalez-Ochoa, R., Góngora-Coronado, E.A., & Meza-Peña, E.A. (July, 2019). *Character strengths and perceived stress in higher education: Evidence from Mexican samples*. Poster presented at 6th World Congress on Positive Psychology. Melbourne, Australia.
3. **Gallegos, J.**, Berman, N., Ramirez, M., Valdez, G., & Abramowitz, J. (July 2019). *Exploring the relationship between emotional regulation and family environment*. Paper presented as part of the symposium “Attachment and Cultural Diversity”, Dave Pasalich(Chair) at the International Attachment Conference, Vancouver, Canada.
4. Chávez-Amavizca, A., **Gallegos-Guajardo, J.**, Hernández-Pozo, M., Álvarez-Gasca, M., Lopez-Walle, J., Castor-Praga, C... Góngora-Coronado, E. (Julio, 2019). *Estrés percibido y felicidad en adultos mexicanos según género y estado civil*. Trabajo presentado en el XXXVII Congreso Interamericano de Psicología, La Habana, Cuba.
5. * Alanís Salazar, D., Ruvalcaba-Romero, N.A., Berman, N., & **Gallegos- Guajardo, J.** (April, 2019). *Estructura factorial del Cuestionario de Regulación Emocional para población Mexicana*. Conference presentation at the XLVI Congreso Nacional de Psicología (XLVI National Congress of Psychology; CNEIP). Queretaro, Qro., México.
6. * Castillo-Huerta, P., Ruvalcaba-Romero, N.A., Berman, N., & **Gallegos- Guajardo, J.** (April, 2019). *Adaptación cultural y fiabilidad del Cuestionario de Regulación Emocional Cognitiva Versión Corta para población mexicana*. Conference presentation at the XLVI Congreso Nacional de Psicología (XLVI National Congress of Psychology). CNEIP-UAM del Consejo Nacional para la Enseñanza e Investigación en Psicología (National Council for the Teaching and Research in Psychology). Santiago de Queretaro, Qro., México.
7. *Treviño-De la Garza, B., **Gallegos-Guajardo, J.**, Berman, N., Fisak, B., & Ruvalcaba-Romero, N.A. (March, 2019). *Validation of the Dimensional Obsessive Compulsive Scale for Mexican Population*. Poster presented at 39th Annual Meeting of the Anxiety and Depression Association of America. Chicago, Illinois.
8. *Olivares-Mora, R.M., **Gallegos-Guajardo, J.**, Berman, N., Fisak, B., & Ruvalcaba-Romero, N.A. (March, 2019). *Validation of the Interpretation of Intrusions Inventory (III-R-M) for the Mexican Population: Cross-Cultural Discrepancies*. Poster presented at 39th Annual Meeting of the Anxiety and Depression Association of America. Chicago, Illinois.
9. Hernández-Pozo, M. R., Álvarez Gasca, M. A., Romo González de la Parra, T., López Walle, J.M., **Gallegos Guajardo, J.**, Meza Peña, C., & Góngora Coronado, E. A. (January, 2019). *Relación entre afecto emocional y fortalezas de carácter en población adulta*. Conference presented at the 5ª Jornadas de Investigación en Aprendizaje Humano. Facultad de Estudios Superiores Iztacala, UNAM, Tlalnepantla, Edo. de México.

10. * Rodríguez-Villalobos, M.C., **Gallegos- Guajardo, J.**, Dávila de Gárate, S.M., Támez-Díaz, O.G., Ruvalcaba-Romero, N.A., & Hernández-Pozo, M.R. (November, 2018). *Afectos negativos e inteligencia social como predictores de felicidad en estudiantes universitarios mexicanos*. Conference presentation in the symposium titled “Evaluación del bienestar de los universitarios en diferentes contextos” Dr. Margarita Tarragona (Chair), at the Second International Congress in Positive Psychology. Universidad Iberoamericana, Ciudad de México, México.
11. * Barboza Martínez, R.C., Benavides Torres, R.A., **Gallegos Guajardo, J.**, Ramírez Aranda, J.M., Onofre Rodríguez, D.J., & Márquez Vega, M.A. (September, 2018). *Modelo de Resiliencia para el Cuidado del Embarazo en Adolescentes*”. Poster presented in the *Jornadas de Investigación en Salud Pública 2018*. Centro de Investigación y Desarrollo en Ciencias de la Salud (CIDICS), Universidad Autónoma de Nuevo León.
12. Carroll, H. A., Patrick, K., **Gallegos-Guajardo, J.**, & Marques, L. (May, 2018). *Reverse innovation in a global context: Discussion of best practices to approach Latino mental health in Mexico and the US*. Paper presented at the Latin America Studies Association Annual Congress, Barcelona, Spain.
13. * Barboza Martínez, R.C., Benavides Torres, R.A., **Gallegos Guajardo, J.**, Ramírez Aranda, J.M., Onofre Rodríguez, D.J., & Márquez Vega, M.A. (April, 2018). *Modelo de Resiliencia para el Cuidado del Embarazo en Adolescentes*”. Poster presented in the Second International Congress of Nursing. Monterrey, Nuevo León, México.
14. Carroll, H.A., Patrick, K., Moreno-Martinez, A., **Gallegos-Guajardo, J.**, Sanchez-Juaregui, G., Youn, S., & Marques, L. (April, 2018). *Social, behavioral, and environmental diagnosis of patient experiences with mental health in Mexico*. Paper presented as part of the symposium “Dissemination of evidence-based treatments: Transporting U.S. cultural adaptations globally” at the Anxiety and Depression Association of America Annual Conference, Washington, DC.
15. **Gallegos-Guajardo, J.**, Patrick, K., Moreno-Martinez, A., Sanchez-Juaregui, G., Carroll, H.A., Youn, S., & Marques, L. (April, 2018). *Obstacles and barriers to implement EBT’s in Mexico: The perspective of three different type of providers*. Paper presented as part of the “Dissemination of evidence-based treatments: Transporting U.S. cultural adaptations globally” at the Anxiety and Depression Association of America Annual Conference, Washington, DC.
16. * Hidalgo, J., **Gallegos, J.**, Sánchez, G., & Fisak, B. (March, 2018). *Development and validation of the Latin Spanish White Bear Suppression Inventory (WBSI)*. Poster presented at 64 Annual Meeting of the Southeastern Psychological Association. Charleston, South Carolina.
17. **Gallegos-Guajardo, J.** (September, 2017). *Hallazgos relacionados con salud mental en niños que viven en situación de albergue*. Conference presentation under the Symposium titled “Indicadores positivos de salud mental” Dr. Norma Alicia Ruvalcaba Romero (Chair). International Congress of Psychology, Universidad de Guadalajara, Jalisco, Mexico.
18. Ruvalcaba-Romero, N.A., **Gallegos-Guajardo, J.**, & Fuerte-Nava, M. (July, 2017). *Competencias socio-emocionales y su relación con conductas prosociales y relaciones interpersonales positivas en el aula*. Conference presented at the XXXVI Congreso Interamericano de Psicología” Mérida, Yucatán, Mexico.
19. **Gallegos- Guajardo, J.**, Ruvalcaba-Romero, N.A. & Chavez-Amavizca, A. (July, 2017). *Examining the effectiveness of a resilience program with Mexican young children*. Presentation in round table format at

the 5th Annual Congress of the International Association of Positive Psychology (IPPA). Montreal, Canada.

20. * Barbosa-Martínez, R.C., Benavides-Torres, R.A., **Gallegos-Guajardo, J.**, & Onofre-Rodríguez, D.J. (November, 2016). *Apoyo a la adolescentes para el cuidado de su embarazo*. Conference presentation at the III Congress of Researchers from Iberoamerica. Monterrey, Nuevo Leon, Mexico.
21. Ruvalcaba, N., **Gallegos, J.**, González, N.A., & Alfaro, L.N. (September, 2016). *Percepción de las propias fortalezas: Un análisis exploratorio desde la perspectiva masculina*. Presentation at the XVI Mexican Congress of Social Psychology and V Latinoamerican Congress of Cross-Cultural Psychology. Villahermosa, Tabasco, Mexico.
22. Vaewsorn, A., Marques L., Valentine S., Borba, C., **Gallegos-Guajardo, J.**, Dixon L., Wiltsey-Stirman S. (March, 2016). *Cognitive processing therapy for Spanish-speaking Latinos: A formative study of a model-driven cultural adaptation of the manual to enhance implementation in a usual care setting*. Poster presentation at the Anxiety and Depression Annual Conference (ADAA). Miami, Florida.
23. Ruvalcaba, N., & **Gallegos, J.** (September, 2015). *Percepción de las propias fortalezas: Un estudio exploratorio en mujeres jaliscienses*. Conference presentation at the II Congress of Women on the National System of Researchers. Guadalajara, Jalisco, Mexico.
24. Ruvalcaba, N., **Gallegos, J.** & Villegas, D. (April, 2015). *Validation of the Resilience Scale for Adolescents (READ) in Mexico*. Poster presentation at the Anxiety and Depression Annual Conference (ADAA). Miami, Florida.
25. **Gallegos, J.**, Ruvalcaba, N., Langley, A., & Villegas, D. (April, 2015). *Evaluation of an Anxiety Prevention and Resilience Program with Female Youth Living in an Orphanage*. Poster presentation at the Anxiety and Depression Annual Conference (ADAA). Miami, Florida.
26. Ruvalcaba, N., **Gallegos, J.**, & Villegas, D. (September, 2013). *Social emotional intelligence and resilience in Mexican adolescents*. Conference presented at the 4th International Congress on Emotional Intelligence. International Society for Emotional Intelligence, Inc. Nueva York, NY.
27. Ruvalcaba, N., **Gallegos, J.**, Fulquez, C., & Macías, E. (July, 2013). *Social groups as a protective factor in adolescents*. Poster presented at the 3rd Annual Congress of the International Association of Positive Psychology (IPPA). Los Angeles, California.
28. Ruvalcaba, N., **Gallegos, J.**, Robles, F.A., Morales, A., & González, N. (July, 2013). *Relationship between emotional intelligence and the adoption of a parenting style*. Poster presented at the 3rd Annual Congress of the International Association of Positive Psychology (IPPA). Los Angeles, California.
29. **Gallegos, J.** (November, 2012). *Inteligencia Emocional: Herramientas para el logro del bienestar y del éxito profesional*. Conference presented at the International Congress of Emotional Intelligence Applied in Business. Faculty of Administration, Universidad de Ixtlahuaca (CUI). Ixtlahuaca de Rayón, Estado de México.
30. **Gallegos, J.**, Ruvalcaba, N., & Fulquez, S.C. (November 2012). *Outcomes of CBT anxiety prevention and early intervention program for girls at risk*. Poster presented at the 46th Annual Congress of the American Association of Cognitive and Behavioral Therapies (ACBT). National Harbour, MD.

31. **Gallegos, J.**, Langley, A., & Villegas, D. (November, 2012). *Anxiety, depression and coping skills among Mexican children with learning disabilities*. Presentación poster en el 46th Annual Congress of the American Association of Cognitive and Behavioral Therapies (ACBT). National Harbour, MD.
32. Ruvalcaba, N.A., Salazar, J.G., & **Gallegos, J.** (September, 2012). *Efectos diferenciales en las habilidades emocionales y la adopción de un estilo parental*. Conference presented at the XIV Congress of Social Psychology (AMEPSO) and the VI Congress of Interpersonal Relationships. Monterrey, Nuevo León, Mexico.
33. Ruvalcaba, N.A., Salazar, J.G., & **Gallegos, J.** (September, 2012) *Riesgo de conductas disruptivas en adolescentes*. Conference presented at the National Meeting of the Network of Violence Studies (RENAVIS). Faculty of Political Science and Social Studies. Universidad Autónoma de Querétaro. Querétaro, Mexico.
34. Ruvalcaba, N.A., Salazar, J.G., & **Gallegos, J.** (July, 2012). *Social-emotional competencies and its relationship with disruptive behaviors in Mexican adolescents*. Conference presented at the International Congress of Psychology (ICP). Cape Town, Sudáfrica.
35. **Gallegos, J.** (November, 2011). *Risk and protective factors in human development*. Presentation in the II International Symposium in Emotional Intelligence: A tool for wellbeing and success. Dr. Sandra Carina Fúlquez Castro (Chair). Universidad Autónoma de Baja California, Mexicali, Mexico.
36. **Gallegos, J.** (September, 2011). *Prevención e intervención en niños y adolescentes*. Conference presented at the IV International Congress and VI Peruvian Congress of the Latinamerican Association of Analysis, Modification and Cognitive Behavioral Therapy. Lima, Peru.
37. Fulquez, S.C., Flores, A., Ruvalcaba, N.A., **Gallegos, J.**, & Kempton, A. (September, 2011). *En caminos de la validación de la Escala de Resiliencia (READ) en una muestra de adolescentes mexicanos*. Conference presented at the III Congress of Emotional Intelligence. Opatija, Croatia.
38. **Gallegos, J.**, Cook, C.R., Ruvalcaba, N.A. & Fulquez, S.C. (July, 2011). *Examining the Social Validity of the FRIENDS program with Mexican primary school children*. Poster presentation at the 2nd Annual Congress of the International Association of Positive Psychology (IPPA). Philadelphia, Pennsylvania.
39. **Gallegos, J.** (November, 2010). *Evaluación de un programa de prevención de ansiedad y depresión con niñas viviendo en un hospicio al norte de México*. Conference presentation at the V International Congress of Mental Health, Guadalajara, Jalisco. México.
40. Rodriguez, A., Langley, A., **Gallegos, J.** & Piacentini, J. (November, 2010). *Predictors of depression prevention in Mexican school Children*. Poster presentation at the 44th Annual Convention of the Association of Behavioral and Cognitive Therapies (ACBT), San Francisco, California.
41. **Gallegos, J.** (March, 2010). *Building social and emotional skills in Mexican primary school children: An evaluation of the FRIENDS program*. Presentation at the Symposium titled "Prevention of Anxiety Disorders in Youth: Addressing New Populations and Perceived Barriers to Implementation", Jill Ehrenreich (Chair) at the 30th Annual Conference of the Anxiety Disorders Association of America (ADAA), Baltimore, Maryland.
42. **Gallegos, J.** (May, 2008). *Preventing anxiety and depression among Mexican children: Results at 6-months follow-up*. Presentation at the symposium of "Effectiveness of Anxiety Prevention Programs",

Dr. John Piacentini (Chair) at the 16th Annual Meeting of the Society for Prevention Research. San Francisco, California.

43. **Gallegos, J.** (May, 2008). Psychosocial interventions to prevent anxiety disorders in school settings: A meta-analysis from 1985–2007. Poster presentation at the 16th Annual Meeting of the Society for Prevention Research. San Francisco, California.
44. **Gallegos, J.** (July, 2007). *Preventing childhood anxiety: Testing the effectiveness of a school-based program in Mexico*. Presentation at the symposium titled “Child and Adolescent Mental Health”, Dr. Thomas Ollendick (Chair). V World Congress of Behavioural and Cognitive Therapies, Barcelona, Spain.
45. **Gallegos, J.** (May, 2005). *The FRIENDS program: Prevention and early intervention for anxiety and depression in children*. Presentation at the symposium titled “Mixed Themes” Dr. Ellen Goldstein (Chair). Annual Meeting of the Society for Prevention Research, Washington, D.C.
46. Kurt, G. & **Gallegos, J.** (October, 2004). *Social skills training for students with learning disabilities*. Poster presented at the Annual Meeting of the Council for Learning Disabilities, Las Vegas, Nevada.

OTHER ACADEMIC ACTIVITIES

1. 15/06/19-29/06/19. Academic visit at the School of Psychology of University of Miami to work on research related-activities with Dr. Jill E Ehreich-May and Dr. Annette La Greca and get trained in the Unified Protocols for Children and Adolescents and in the After the Storm protocol.
2. 25/03/19-28/03/19 Academic visit at the Department of Psychology of Xavier University, to deliver a colloquium and work on research related-activities with Dr. Michael Nelson III.
3. 07/07/18- 22/07/18 Visiting scholar at the Department of Psychology of The University of Texas at Austin work on research-related activities with Dr. Manuel Ramírez III.
4. 23/03/18- 02/4/18 Visiting scholar at the Department of Psychology of The University of Texas at Austin work on research-related activities with Dr. Manuel Ramírez III.
5. 08/11/17-12/11/17 Academic visit at the Department of the University of Central Florida, Campus Sanford Lakemary, to deliver a conference and work on research-related activities with Dr. Brian Fisak.
6. 12/08/17- 19/08/17 Academic visit at the Community Psychiatry PRIDE Research Center of Harvard Medical School, to get trained in qualitative research methods and work on research-related activities with Dr. Luana Marques.
7. 08/07/16 - 08/10/16 Visiting scholar at the Department of Educational Psychology of The University of Texas at Austin work on research-related activities with Dr. Kevin Stark.
8. 04/2013- 05/2013 Academic visit at Pathways Research Center to get trained in resilience programs and work on research-related activities with Dr. Paula Barrett.
9. 07/2011- 08/2011 Academic visit at Pathways Research Center to get trained in resilience programs and work on research-related activities with Dr. Paula Barrett.
10. 03/2008 - 04/2008 Academic visit at Pathways Research Center to get trained in resilience programs and work on research-related activities with Dr. Paula Barrett.

11. 08/2003 – 08/2006 Research assistant at the Vaughn Gross Center of The University of Texas at Austin, working on research-related activities with Dr. Sylvia Linan-Thompson,
12. 10/2002 –05/2003 Research assistante at Centro de Investigación y Asesoría Educativa, working on research-related actitivies with Dr. Margarita Ramos.

ADDITIONAL TRAINING

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| 06/2019 | Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents, delivered by Dr. Jill Ehrenreich-May from Unified Protocol Institute and Child and Adolescent Mood and Treatment Program (CAMAT). Department of Psychology. University of Miami. |
| 06/2019 | Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children, delivered by Dr. Jill Ehrenreich-May from Unified Protocol Institute and Child and Adolescent Mood and Treatment Program (CAMAT). Department of Psychology. University of Miami. |
| 05/2019 | Introduction to the Transdiagnostic Cognitive Behavioral Therapy: Basic concepts and key elements in treatment, delivered by Dr. Heidi La Bash from Stanford University. Universidad de Monterrey, Mexico. |
| 03/2019 | Comparative Statistical Analyses delivered by Dr. Mario Sainz, Universidad de Monterrey. Universidad de Monterrey, México. |
| 03/2019 | Dialectical Behavioral Therapy for Eating Disorders by Dr. Lucene Wisniewski, Behavioral Tech Organization. Comenzar de Nuevo A.C. and Universidad de Monterrey, Mexico. |
| 02/2019 | Crisis of Replicability in Psychology, delivered by Dr. Guillermo B. Willis, Universidad de Granada. Universidad de Monterrey, México. |
| 10/2018 | Emotion-Focused Family Therapy, delivered by Dr. Adela LaFrance, EFTT International. CITES Medical School and Comenzar de Nuevo A.C., Monterrey, México. |
| 10/2018 | “2018 Mental Health Super Summit”, Online Conference, Mental Health Academy, Australia. |
| 07/2018 | “Grade Center” of Blackboard, University of Monterrey and Innovation and Development Center. Monterrey, Mexico. |
| 02/2018 | Cognitive Behavioral Therapy for Eating Disorders, delivered by Dr. Jennifer Thomas from Harvard Medical School. Universidad de Monterrey, Mexico. |
| 10/2017 | Implementing the Unified Protocol for Sleeping Disorders, deliveed by Dr. Cassidy Gutner from Boston University. Universidad de Monterrey, Mexico. |
| 06/2017 | Implementing Dialectic Behavioral Therapy to Patients with Borderline Personality Disorders, delivered by Dr. Sara Landes from University of Arkansas. Universidad de Monterrey, Mexico. |

- 02/2017 Implementing Cognitive Behavioral Therapy for Depression: Focusing on the Socratic Method, delivered by Dr. Shannon Wiltsey-Stirman from Stanford University. Universidad de Monterrey, Mexico.
- 01/2017 Research and Ethics Compliance Training, CITI Online Program, University of Central Florida.
- 10/2015 Cognitive Behavioral Techniques for Anxiety, delivered by Dr. Luana Marques from Harvard Medical School and PRIDE. Universidad de Monterrey, Mexico.
- 04/2015 Pharmacotherapy for Anxiety in Children and Adolescents, delivered by Dr. Daniel Pine (NIMH/USA). Anxiety and Depression Annual Conference (ADAA), Miami, Florida.
- 04/2015 Psychobiology of the Intersection and Divergence of Anxiety and Depression, Scientific Research Symposium, Anxiety and Depression Annual Conference (ADAA), Miami, Florida.
- 08/2014 Intervention Techniques for Obsessive Compulsive Disorder, delivered by Dr. Patricia Perrin from OCD and Anxiety Treatment Center of Houston. Universidad de Monterrey, Mexico.
- 05/2013 Resilience for Adults Program, delivered by Dr. Paula Barrett from The University of Queensland and Pathways Health and Research Centre. Brisbane, Australia.
- 05/2013 Sixth edition of FRIENDS for Life programs, delivered by Dr. Paula Barrett from The University of Queensland and Pathways Health and Research Centre. Brisbane, Australia.
- 08/2011 FOCUS training for children and adults in OCD, delivered by Dr. Kris Ojala from Pathways Health and Research Centre. Anxiety Recovery Centre, Melbourne, Australia.
- 08/2011 Fifth edition of FRIENDS for Life program, given by Sacha Roumbouts PhD (The University of Queensland). Pathways Health and Research Centre. Brisbane, Australia.
- 07/2007 Metacognitive therapy: A guide to treat anxiety, traumatic stress and depression, delivered by Dr. Adrian Wells from The University of Manchester. V World Congress of Behavioural & Cognitive Therapies (WCBT), Barcelona, Spain.
- 09/2007 FRIENDS for Life Programs and the FUN FRIENDS Programs, delivered by Dr. Paula Barrett, PhD from The University of Queensland and Pathways Health and Research Centre. V World Congress of Behavioral & Cognitive Therapies, Barcelona, Spain.
- 01/2007 Development of effective tools to promote learning in children with ADHD, delivered by Dr. Kim Cornish from University of McGill. Workshop at the IV Colloquium of Psychopedagogy titled "Brain and Learning". Universidad de Monterrey, Mexico.
- 08/2006 FRIENDS for Life: Prevention of Anxiety and Depression, delivered by Sharon Ryan, PhD, from Pathways Health and Research Center. Ministry of Education, State of Nuevo Leon, Mexico.
- 10/2005 Human Subjects Training at The University of Texas at Austin.
- 06/2004 Doctoral Seminar on Behavioral Disorders. The University of British Columbia, Vancouver, Canada.

- 10/2003 Cognitive Behavioral Therapy for Obsessive Compulsive Disorder, delivered by Dr. Patricia Perrin from OCD and Anxiety Treatment Center. Universidad de Monterrey, Mexico.
- 2003 Basic French. Alliance Francaise, Monterrey.
- 05/2002 Quality of Education and Inclusion, Ministry of Education of the State of Nuevo Leon, Mexico.
- 06/2002 Education for all: The gender dimension. UK UNESCO and Institute of Development Studies, The University of Sussex at Brighton, England.
- 08/2002 Accelerated learning through visible thinking. Continuing Education Center of The University of Cambridge, England.
- 06/1999 Intensive English Course. Language Studies Canada (LSC).